Microthalamotomy effect during Deep Brain Stimulation: Potential Involvement of Adenosine and Glutamate Efflux

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Abstract— Deep brain stimulation (DBS) of the thalamus is widely used in humans to treat essential tremor and tremor dominant Parkinson's disease. After DBS lead implantation, tremor is often reduced even without electrical stimulation. Often called "microthalamotomy" effect, the exact mechanism is unknown, although it is presumed to be due to micro lesioning. Here, we tested whether microthalamotomy effect may, in fact, be mediated via release of neurotransmitters adenosine and glutamate, using fast scan cyclic voltammetry (FSCV) and amperometry, respectively. Implantation of microelectrodes into the ventrolateral (VL) thalamus of the rat resulted in transient rise in adenosine and glutamate level from mechanical stimulation. Similarly, high frequency stimulation (100 - 130 Hz) of the VL thalamus also resulted in adenosine and glutamate release. These results suggest that glutamate and adenosine release may be an important and unappreciated mechanism whereby mechanical stimulation via electrode implantation procedure may achieve the microthalamotomy effect.

I. INTRODUCTION

Thalamotomy, first introduced in the 1950s, is a surgical procedure to lesion a selected portion of the thalamus. This invasive treatment is primarily effective for tremors such as those associated with essential tremor and Parkinson's disease. As an alternative, Deep Brain Stimulation (DBS) of the ventral intermediate nucleus (VIM) thalamus, where high frequency electrical stimulation is delivered to the identical site for thalamotomy, is becoming increasingly popular to treat tremor. Curiously, during DBS electrode implantation, tremor is often reduced simply after insertion of the DBS electrode even without stimulation. This phenomenon has been termed 'microthalamotomy' effect, which may be observed in as high as 53% of patients (Tasker, 1998). However, precise mechanism by which this occurs is yet unknown, although inserting the relatively large microdialysis probe in the brain has been shown to raise adenosine levels immediately after implantation (Grabb et al., 1998).

Thalamic DBS is associated with a marked increase in the local efflux of adenosine triphosphate (ATP) and extracellular accumulation of the neuromodulator catabolic product, adenosine. It was further demonstrated that intrathalamic infusions of A1 adenosine receptor agonists directly reduced tremor, implicating adenosinergic mechanisms in tremor control. Together, these findings suggested that DBS-mediated stimulation of endogenous adenosine efflux represents an important therapeutic mechanism of action of DBS in the treatment of thalamic-mediated tremor (Bekar et al., 2007).

We and others have previously reported that high frequency stimulation of the subthalamic nucleus (Lee et al., 2004) or the thalamus (Anderson et al., 2004, Lee et al., 2005) results in glutamate release in both sites, and the depolarizing effects of high frequency stimulation are eliminated in brain slice studies by glutamate receptor antagonist drugs (Anderson et al., 2004, Lee et al., 2004). These findings also suggest that glutamate release may be important for the effects of DBS. Here, we tested the hypothesis that adenosine and glutamate could be released via either mechanical or electrical stimulation.

II. METHODS

Adenosine electrochemistry

To detect the change of adenosine concentrations, FSCV was performed. Figure 1A demonstrates in vitro flow cell experiment where 10 μ M adenosine was injected. The potential was scanned from -0.4 V to +1.5 V and then returned to -0.4 V, at the rate of 400 V/sec (Cehova and Venton, 2008; Swamy and Venton, 2007). Chloride coated silver wire was used as a reference electrode (World Precision Ins., FL, USA). Adenosine measurements were made using Wireless Instantaneous Neurotransmitter Concentration System (WINCS) which utilizes FSCV as previously reported (Bledsoe et al., 2009, Agnesi et al., 2009). FSCV was employed at the carbon fiber microelectrode (CFM), which was constructed by aspirating



Fig 1. In vitro adenosine $(10 \,\mu\text{M})$ FSCV. A. FSCV waveform. B. The pseudocolor plot exhibits three-dimensional information; each x-, y-axis, and color gradient indicates time, potential waveform applied at the CFM, and currents detected from the CFM, respectively. C. Representative CV of adenosine. Black line is obtained from forward-going potentials and red line is from reverse-going potentials.

a single polyacrylonitrile-based carbon fiber (T650, Amoco Inc, SC; diam. 5 μ m) into a borosilicate glass capillary and

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pulling to a microscopic tip using a pipette puller (P-2000, Sutter Instruments, CA, USA). Then, the exposed carbon fiber was cut to a length of 50 -70 μ m, under a dissecting microscope.

A pseudocolor plot (Fig. 1B) was either generated by WINCS software (WINCSware v3.2, Mayo Clinic) or recalled by LabView software (national Ins., Texas, USA). Time is plotted on the x-axis and the applied electrode potential is plotted on the y-axis. The resulting color gradient represents oxidation/reduction current detected at the CFM. A light-brown color representing background current can be seen to change to green and purple, due to the current detected at CFM. The current detected during the scanning was plotted against the applied potential, called cyclic voltammogram (CV) (Fig. 1C). The CV of a substance is generally unique in its potential of oxidation and reduction, and its shape. There-fore, FSCV is useful to identify the analyte of interest.

Glutamate electrochemistry

Glutamate is non-electroactive. Therefore, fixed potential amperometry was performed, using an enzyme coated glutamate electrode (Pinnacle Technology Inc., Lawrence, KS). The glutamate electrode is coated with glutamate oxydase (GluOX), which can selectively catalyze the conversion of glutamate to α -ketoglutarate and then to H₂O₂ as a final co-product, which can be oxidized at the surface of electrode (Fig. 2). Theoretically, the rate of H₂O₂ production is directly related to glutamate concentration. To perform this experiment, potential was fixed at + 0.6 V, using a



Picostat (e-DAQ, Sydney, NSW, Australia), and current was recorded through eCorder.

Figure 2. Schematic diagram of the glutamate sensing mechanism

Animal

Sprague-Dawley rats (male, 250-350 g) were deeply anesthetized with urethane (1.6 g/kg i.p.) and placed in a stereotaxic frame (David Kopf Inst., Tujunga, CA, USA). Multiple craniectomies were performed for implanting the reference, stimulating, and recording electrodes. All coordinates, anteroposterior (AP), mediolateral (ML), and dorsoventral (DV), are given in mm and utilized bregma, midline, and dura as reference points. Glutamate electrode was implanted in the VL thalamus at the coordinates: AP 2.4, ML 2.2, and DV 6.0. A twisted bipolar electrode (Plastic One, Roanoke, VA) was implanted 0.2 mm lateral from the glutamate electrode and lowered at 1 mm increments. MCF for adenosine measurement was implanted in the VL thalamus at the coordinates: AP 2.3, ML 2.0, and DV 5.6 - 6.5. All animal cares were provided by the following the Mayo Clinic Animal Care and Use Committees in accordance with National Institute of Health guidelines for use of animals in teaching and research.

Slice preparation

After deep anesthesia achieved, brain was rapidly removed and transferred into ice-cold slicing solution, in which NaCl was replaced with sucrose while maintaining an osmolarity of 307 mOsm to increase tissue viability (Aghajanian and Rasmussen, 1989). The hemispheres were separated with a midline incision. Four hundred micron thick slices were obtained using a vibratome (VT-1000S, Leica, Germany) in the coronal plane. During the preparation of slices, the tissue was kept in a chilled slicing solution (5° C). After cutting, slices were placed in an interface style recording chamber (Fig.3; Fine Sciences Tools) maintained at $34 \pm 1^{\circ}$ C and allowed at least two hours to recover. The bath was perfused with artificial cerebrospinal fluid (ACSF) which contained (in mM): NaCl, 126; KCl, 2.5; MgSO₄, 1.2; NaH₂PO₄, 1.25; CaCl₂, 2;



NaHCO₃, 26; d-glucose, 10 and was aerated with 95% O₂, 5% CO₂ to a final pH of 7.4. For the first 20 minutes of perfusion, the bathing medium contained an equal mixture of ACSF and the slicing solution.

Figure 3. Photograph showing s WINCS unit and rechargeable battery in front, and background shows transparent interface style slice chamber with stimulating and recording electrodes.

III. RESULTS

In vivo rat adenosine release by mechanical stimulation.

To determine whether adenosine is released during electrode implantation procedure, a CFM was slowly inserted into the VL thalamus of the anaesthetized rat. As demonstrated in Fig. 4, there was little adenosine efflux in



Figure 4. Adenosine release by mechanical stimulation in *in vivo* rat. Vertical dotted line indicates the track for the insertion of CFM . Note the adenosine efflux seen when the electrode passed by the VL thalamus, but not in hippocampus.

the hippocampus, while significant adenosine efflux was observed in the VL thalamus when electrode was slowly advanced. As clearly seen by FSCV pseudo-color plot, the 1^{st} and 2^{nd} adenosine oxidation peaks were appeared at +1.5 V and at +1.0 V, respectively. Left panel in Fig. 4 shows a diagram of the track path of the CFM.



Figure 5. Adenosine release by the insertion of CFM in *in vitro* rat thalamic slice. A. Pseudo-color plot of adenosine release by mechanical stimulation. B. Current versus time plot. Adenosine release stays longer than 400 sec after the insertion of CFM. C. CV clearly shows 1st and 2nd adenosine oxidation peaks at +1.5 V and +1.0 V, respectively. D. CV and color plot (inset) of the post-calibration with 10 μ M adenosine with ACSF. Note the similarity to the color plot seen in (A).

Adenosine release by both mechanical and electrical stimulation in *in vitro* rat thalamic slices

To confirm the adenosine release by mechanical stimulation, we performed the same experiments with brain slice preparation as we did *in vivo* rats. As shown in Fig.5, adenosine release was observed by the insertion of CFM to the thalamic brain slice. As shown in Fig 6, the high frequency electrical stimula-tion also induced adenosine release in the rat VL thalamus.



Figure 6. Electrical stimulation (150 μ A, 125 Hz, 100 μ s pulse duration, for 10 sec) induces adenosine release in VL thalamic slices. A. The current measurements are detected at the 1st and 2nd peak of adenosine oxidation. B. CV

In vivo glutamate release by both mechanical and electrical stimulation in rat thalamus.

In order to determine if glutamate may also be released by mechanical and electrical stimulation, we implanted a glutamate electrode in the rat VL thalamus. First to test the glutamate release by mechanical stimulation, we inserted bipolar stimulation electrode at the adjacent area of glutamate electrode (Fig. 7). When bipolar electrode reached close to the sensing portion of the glutamate electrode, glutamate release was detected. Additionally, DBS was performed with fixed stimulation frequency and pulse width (100 Hz and 100 μ sec) while varying the stimulation intensity from 200 - 700 μ A (Fig. 8). The concentration of extracellular glutamate increased after a few seconds delay from electrical stimulation and exhibited a linear dependence on stimulation intensity.



Figure 7. Glutamate release during delivery of the stimulating electrode. Glutamate release recorded at the sensing cavity of the glutamate electrode produced by delivering the stimulating electrode, performed at 1 mm increment. Clear responses were observed when the tips of the stimulating electrode passed near the sensing cavity.

IV. DISCUSSION

During VIM thalamic DBS electrode implantation in humans, tremor is often reduced after insertion of the electrode, even without stimulation (Tasker, 1998). The results of the present study where insertion of stimulating electrodes elevates extracellular adenosine and glutamate levels in the rat thalamus both *in vivo* and *in vitro*, suggest that these neurotransmitter release may be an important mechanism by which "microthalamotomy" effect occurs during DBS surgery.

Tremor appears to involve abnormal oscillatory activity in the thalamus, where the frequency of tremor is 3-6 Hz (Lenz et al., 1995). Interestingly, high frequency stimulation applied to the area containing tremor cells leads to immediate tremor arrest and a rapid reversal when stimulation ceases (Benabid et al., 1996). Similarly, high frequency stimulation applied to the thalamus abolished synchronized spindle oscillations and led to immediate glutamate release, which decreased to pre-stimulation glutamate levels when stimulation ceased (Lee et al., 2005, Tawfick et al., 2009). The synchronized activity was reported to not return in the ferret slice studies, until glutamate levels returned to control values. Similarly, it was also demonstrated that thalamic DBS markedly increased the local efflux of ATP and extra-cellular accumulation of



Figure 8. Glutamate release during DBS. The efficiency of glutamate release is dependent upon the intensity of DBS.

adenosine. Further, intrathalamic infusions of adenosine receptor agonists directly reduced tremor (Bekar et al., 2007). Taken together, these findings suggest that endogeous glutamate and adenosine efflux mediated by DBS may represent an important therapeutic mechanism of the action of DBS in the treatment of tremor.

There are two potential sources of glutamate and adenosine in the brain: neurons and astrocytes (Bezzi et al., 1999; Fellin et al., 2005). In general, high frequency stimulation mediated neurotransmitter release is assumed to be of neuronal origin. However, recently the possibility that astrocytes can release neurotransmitters and play important functions as a signal mediator during DBS has been raised (Tawfick et al., 2009). Importantly, it is known that large pools of glutamate and adenosine are stored in astrocytes (Fellin et al., 2006). In addition, astrocytes can release glutamate through a Ca²⁺-dependent vesicular mechanism (Bezzi et al., 1998) where membrane distortion with glass capillary is a well-established way to activate Ca²⁺ influx into astrocytes (Nedegaard M, 1994). These results suggest that the mechanical stimulation from DBS lead implantation may also activate Ca^{2+} influx into astrocytes and induce vesicularly mediated glutamate and adenosine release.

Here, we demonstrate that local glutamate and adenosine efflux occurs by either mechanical or electrical stimulation in the rat VL thalamus. These results suggest that tremor relief obtained by the microthalamotomy effect may be not be from lesioning, but rather from local neurotransmitter release. These results also highlight the potential importance of astrocytes in the mechanism of action of the microthalamotomy effect and of DBS.

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