# **High-Magnetic-Moment Nanoparticles for Biomedicine**

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*Abstract*— Magnetic nanoparticles play an important role in biomedical applications, such as MR imaging, drug delivery and hyperthermia. Nanoparticles made of high-moment materials like Fe-Co and Fe have become active in the field due to superior performance. Protected by a biocompatible shell (Au/Ag/Si/C), high-moment nanoparticles can retain their magnetic property over a long time and disperse well. By using a physical gas condensation technique, such high-moment nanoparticles and core-shell structured nanoparticles can be made and used for biomedicine.

## I. INTRODUCTION

Nanoparticles have started to draw a great deal of attention in a wide range of biomedical area. Unique properties

introduced or enhanced by the small size of nanoparticles are studied widely to achieve desirable optical, mechanical and magnetic capabilities[1]-[3]. The large surface to volume ratio gives favorable active interactions[4]. Magnetic nanoparticles have become one of the most appealing candidates for use in biomedical applications, anywhere interactions with magnetic fields present. These include MRI, drug delivery and magnetic fluid hyperthermia applications.

From both magnetic and biomedical points of view, superparamagnetic nanoparticles have a number of favorable properties. They have a single magnetic domain structure and their magnetization fluctuates, assisted by thermal energy, giving rise to a negligible magnetic moment in the absence of any applied magnetic field. In the presence of a magnetic field, their magnetization can be described by the Langevin equation[5]. This intrinsic property makes them preferable because aggregation can be avoided without sacrificing magnetic signal [4].

Superparamagnetic iron oxide nanoparticles (SPIO), maghemite ( $\gamma Fe_2O_3$ ) and magnetite (Fe<sub>3</sub>O<sub>4</sub>) are widely used due to their relatively easy synthesis process and established biocompatibility. They have been studied for several decades and have contributed to both diagnostic applications such as MR imaging and therapeutic applications such as hyperthermia[6][7]. However, the low saturation magnetization of iron oxide nanoparticles limits their applications, in some cases not even achieving the optimal level[8]. Increasing the magnetic moment of nanoparticles is the key for improving their application in biomedicine. Under size restrictions in a biological system, to achieve the possible highest magnetic moment of individual nanoparticle is desired for higher signal to noise ratio, lower dosage and higher efficiency. Although attempts to increase saturation magnetization have been made by doping iron oxides to form

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spinel metal ferrites, magnetic property still needs to be enhanced for future applications [8].

II. HIGH MAGNETIC MOMENT FE-CO AND FE NANOPARTICLES Our group first proposed the application of bio-compatible high-magnetic-moment nanoparticles for biomedicine application by preparing FeCo-Au(Ag) nanoparticles in gas phase in 2005 [9]. Bulk Fe-Co alloy has the highest saturation magnetization 240 emu/g at Fe:Co composition ratio of around 60:40, which makes it a promising material. Considering a single isotropic  $Fe_{0.6}Co_{0.4}$ ,  $\gamma Fe_2O_3$  and  $Fe_3O_4$ superparamagnetic nanoparticle with the same size (say 13nm in diameter), the corresponding hysteresis loops follow the Langevin equation[5]:

$$m = m_0 \left[ \coth s - \frac{1}{s} \right], s = \frac{m_0 H}{kT}$$
(1)

where  $m_0$  is magnetic moment of a single domain particle, H is applied field, k is Boltzman constant and T is temperature. Using bulk saturation magnetization of Fe<sub>0.6</sub>Co<sub>0.4</sub>, Fe<sub>3</sub>O<sub>4</sub> and yFe<sub>2</sub>O<sub>3</sub> M-H loops for a single superparamagnetic nanoparticle at room temperature are calculated assuming unoxidized Fe<sub>0.6</sub>Co<sub>0.4</sub> and are shown in Fig1. At 20 Oe external field, the moment of an isotropic Fe<sub>0.6</sub>Co<sub>0.4</sub> nanoparticle is 2.4\*10<sup>-15</sup>emu, which is 17 times larger than that of a Fe<sub>3</sub>O<sub>4</sub> nanoparticle and 28 times than that of a  $\gamma$ Fe<sub>2</sub>O<sub>3</sub> nanoparticle. It is important to notice that in this ideal case a single Fe-Co nanoparticle response to the applied field much faster in the low field region, leading to a quick rise in magnetic moment value. This indicates that high-magnetic-moment Fe-Co nanoparticles can be used more efficiently as compared to same size iron oxide nanoparticles. Because oxidation usually takes place for unprotected Fe-Co nanoparticles, a comparison of oxidized Fe-Co nanoparticle with iron oxide nanoparticle is also made. Under consideration of the natural oxidation layer (approximately 1.5nm thick), the calculated hysteresis loop of one such Fe-Co nanoparticle is shown in Fig 1 (dashed line). The moment of Fe-Co nanoparticle is still 6 and 10 times larger than that of the same size  $Fe_3O_4$  and  $\gamma Fe_2O_3$ nanoparticle. Therefore, even with a certain amount of oxidation, Fe-Co nanoparticles surpass iron oxide nanoparticles in terms of the critical magnetic property. As a matter of fact, natural oxidation layer leaves compatibility to biological environment and capability for functionalization. Iron can also be considered as another alternative choice of high-magnetic-moment material given its high saturation magnetization of 220 emu/g. Thus Fe-Co or Fe nanoparticles with their important characteristic are more promising for superior biomedical engineering systems.

Exploration of synthesis of Fe-Co alloy or Fe nanoparticles with controllable size and shape has been done by different methods (See Table 2). A unique physical gas condensation method was developed by Wang's group[29]. Fe-Co nanoparticles with narrow size distribution can be fabricated through control of thermal environment during fabrication

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process[10][11]. Typical morphology and size distribution are shown in Fig 2(a)(b). Specific saturation magnetization of these unoxidized Fe-Co nanoparticles is determined to be around 226 emu/g, which is comparable to the bulk value[10].

#### III. FECO AND FE BASED CORE-SHELL NANOPARTICLES

Exposed Fe-Co and Fe easily oxidize and cannot be used for in vivo applications directly. Core-shell nanoparticles having an Fe-Co or Fe core and a biocompatible shell solves this problem of oxidation. Nobel metal, Silica and Carbon have been studied as prospective shell materials (See Table 2). Besides providing protection from oxidation, these shell materials have good chemical affinity for subsequent functionalization and may offer opportunities to approach multifunctional design.

We successfully synthesized nanoparticles having Fe-Co core and Au, SiO<sub>x</sub> shell directly through a diffusion control based gas condensation method[14][17][30]. These nanoparticles are much more stable after exposure in air and simple chemistry can be applied to make them water soluble after modification of the shell material. Fig 2(c) shows the stable solution of Fe<sub>0.7</sub>Co<sub>0.3</sub>/Au core-shell nanoparticles dispersed in water. Experimental observation indicates that dispersion of these core-shell nanoparticles is better compared to Fe-Co nanoparticles with natural oxidation. Therefore, it can be concluded that Fe-Co or Fe core with an inorganic shell is a simple but effective design to obtain stable high-moment nanoparticles.

### IV. BIOMEDICAL APPLICATIONS OF HIGH MAGNETIC MOMENT NANOPARTICLES

#### A. Magnetic Resonance Imaging Contrast Agents

In magnetic resonance imaging, a net moment from a collection of protons in biological tissues is obtained under a large external field. Based on the Larmor procession of the moment subjected to a time varying magnetic field, relaxation of the moment is scanned after the application of an RF pulse which causes the moment to flip[31]. Relaxation time of moment along field direction and in-plane are called T1 and T2, respectively, and reduction of either one of them can enhance the contrast. Superparamagnetic nanoparticles are commonly used as T2 MRI contrast agents[32]. T2 relaxation depends on the loss of phase coherence of the processing protons. An inhomogeneous local magnetic field environment can accelerate the phase coherence loss. In these circumstances, relaxation time T2 is replaced by T2\* which includes the contribution from the inhomogeneity of the local field. Thus the decaying stray field from superparamagnetic nanoparticles shortens the relaxation time by introducing a local field gradient. Stray field of a nanoparticle is expressed as[33]:

$$H = \sum_{ij} \frac{3\vec{n}(\vec{m}_{j} \cdot \vec{n}) - \vec{m}_{i}}{|r_{ij}|^{3}}$$
(2)

where  $m_j$  and  $m_i$  are moment of the  $i_{th}$  and  $j_{th}$  atom, n is the field direction, and  $r_{ij}$  is the distance between  $i_{th}$  and  $j_{th}$  atom. A simulated stray field distribution of a Fe-Co nanoparticle

using FEMLAB is shown in Fig 3(a). Decrease of stray field strength in the direction away from the nanoparticle can be observed. For high magnetic moment nanoparticles, the stray field decays faster. In this way, they provide better contrast by accelerating the relaxation more effectively.

The effectiveness of Fe-Co nanoparticles as MRI contrast agents and cell labels was demonstrated by tracking cells labeled with Fe-Co nanoparticles. High resolution MR imaging was shown in Fig 3(b)(top) while the unlabeled control sample (bottom) didn't show any contrast.

# B. Magnetic Hyperthermia

Magnetic hyperthermia is a therapy that makes use of heat generated by nanoparticles under an AC magnetic field to kill malignant tumors[34]. Superparamagnetic nanoparticles release heat through Néel relaxation and Brownian relaxation[35]. The former one is due to magnetization relaxation with respect to crystal axis and the latter one is due to frictional rotation of the whole particle. The heat, or specific power loss is expressed as[36]:

$$P = \frac{\chi_0 \mu_0 H^2 \varpi}{2} \frac{\varpi \tau}{1 + (\varpi \tau)^2}$$
(3)

where,  $\mu_0$  is the free space permeability, H is the AC field amplitude,  $\omega$  is the field frequency and  $\tau$  is the effective relaxation time.  $\chi_0$  is the susceptibility from Langevin function[36],

$$\chi_0 = \frac{M_s}{V'H} \left( \coth s - \frac{1}{s} \right) \tag{4}$$

where, s is described in (1), V' is volume fraction of nanoparticles,  $M_s$  is the saturation magnetization of the ferrofluid and H is the applied field. According to the equation (4), nanoparticles with high magnetic moment such as Fe-Co show higher susceptibility  $\chi_0$  at the same volume concentration and hence more heat will be generated as compared to those having lower magnetic moment. Or equivalently, sufficient heat can be generated by a smaller amount of high-moment nanoparticles. This reduced dosage meets the criteria of in vivo application.

In Fig 3(c)[37], our system set-up for magnetic hyperthermia experiments is schematically illustrated. The sample is located in a copper coil connected to AC power supply. Temperature is measured by an optical fiber probe. Fig 3(d) is a plot of temperature change of water solution with a concentration of  $8 \text{mg/ml Fe}_{0.7}\text{Co}_{0.3}$  nanoparticles versus time. The solution was placed in an AC magnetic field having frequencies at 191 kHz and 312 kHz and a peak magnetic field strength of 6 kA/m. These results indicate the capability of Fe-Co nanoparticles for use in magnetic hyperthermia.

To realize local heating in magnetic hyperthermia, positioning nanoparticles in a specific location is another challenge that requires proper design. Controlling the position by magnetic field is a promising way. The force felt by a nanoparticle is given by [31]

$$F = (m \bullet \nabla) B \tag{5}$$

where B is the applied field. The force is thus proportional to the moment of the nanoparticle as well as the gradient of the field. A high-moment nanoparticle can reach farther targeting location as the field decays during penetration through the tissue.

## C. Biomarkers for Magnetic Sensor Detection

Detection of a magnetic biomarker relies on stray field, emanating from the nanoparticle bonded to the sensor surface, which will cause a resistance change of GMR/MTJ based sensor. According to the equation (2), stray field strength is proportional to the magnetic moment of individual nanoparticle. A high moment nanoparticle will give a large value of signal to noise ratio. Recently we achieved zeptomole sensitivity detection of strepavidin labeled by cubic Fe-Co nanoparticles using GMR sensor[38]. This demonstration shows the potential of magnetic sensor detection scheme for future personalized health care device.

# V. SUMMARY

High-magnetic-moment nanoparticles (Fe-Co and Fe) point out one direction to go in future biomedicine for improvement of nanoparticles' performance and efficiency. The intrinsic magnetic property of the material leads to high moment of individual nanoparticle in low magnetic field regime. Core-shell nanoparticles consisting of high magnetic moment core and chemically stable, biocompatible shell materials provide more opportunities to tailor property of nanoparticles. Improvements in MRI contrast agents, magnetic hyperthermia heat sources, and biomarker have been obtained using high- magnetic-moment nanoparticles.



Fig.1 Calculated single particle M-H loops of unoxidized Fe-Co,  $Fe_3O_4$ ,  $\gamma Fe_2O_3$  and FeCo-FeCoO

TABLE1 CALCULATED	MAGNETIZATION	VALUES
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Nanoparticle type	Saturation magnetic moment	Magnetic moment of a	
	of a single nanoparticle	single nanoparticle at	
		H=20Oc	
Unoxidized FeCo (13nm)	4.3*10 <sup>-15</sup> emu	2.4*10 <sup>-15</sup> emu	
Fe <sub>3</sub> O <sub>4</sub> (13nm)	9.1*10 <sup>-16</sup> cmu	1.36*10 <sup>-16</sup> cmu	
γFc <sub>2</sub> O <sub>3</sub> (13nm)	7.1*10 <sup>-16</sup> cmu	0.83*10 <sup>-16</sup> cmu	
FcCo-FcCoO (10nm FcCo	2.38 <sup>+</sup> 10 <sup>-15</sup> cmu	8.65 <sup>+10<sup>-16</sup> cmu</sup>	
core & 1.5 nm FeCoO shell)			
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 TABLE2
 HIGH -MOMENT NANOPARTICLES

Nanoparticle type	Property	Synthesis Method	
Fe <sub>60</sub> Co <sub>40</sub>	~24nm, 226emu/g	Gas phase condensation[10][11]	
	20nm , 230emu/g	Reductive decomposition of Fe(acac)3 and	
	after annealing	Co(acac) <sub>2</sub> [12]	
	20nm, 183emu/g	Organometallic approach[13]	
(Fe <sub>60</sub> Co <sub>40)3</sub> Si-SiO <sub>x</sub> core-shell	~20nm, 1140emu/cm <sup>3</sup>	Gas phase condensation[14]	
Fe <sub>x</sub> Co <sub>1-x</sub> -C(x=0.55,		RF plasma torch reaction[15]	
0.60, 0.65, 0.70, and 0.75) core-shell	~50nm		
Fe <sub>x</sub> Co <sub>1-x</sub> -C core shell	7nm, 215emu/g, x~ 0.4; 4nm, 162emu/g, x~0.15	Chemical vapor deposition[16]	
Fe <sub>x</sub> Co <sub>1-x</sub> -Au/Ag core-shell	~21-23nm x=0.6 ; ~30nm x=0.7	Gas phase condensation[9][17]	
Fe-Fe3O4	4nm core 2.5nm shell, 66.7emu/g	Thermal decomposition of Fe(CO) <sub>5</sub> [18]	
Fe-Fe oxide	7nm/9nm/11nm, 175/200/132 emu/g	Iron carbonyl decomposition[19]	
	3nm-85nm,80- 205emu/g	Gas phase nanocluster deposition[20]	
Fe-Silica core-shell	~50nm	Hydrolysis of TEOS in mircroemultions[21]	
	10-30nm, ~162emu/g	Arc discharge[22]	
Fe-SiO <sub>2</sub> core-shell	~35nm, 70-165emu/g	Wet chemical[23]	
Fe(Fe <sub>3</sub> C)-C core-	30nm	Pyrolysis of Fe(CO)5 and C2H2[24]	
Fe-C core -shell	4.7±1.3nm	High pressure CO (Hipco) approach[25]	
Fe-Au core-shell	12.5nm, 145emu/gFe	Chemical reduction[26]	
	18±4nm, 81emu/gFe	Reverse micelle reaction[27]	
	21nm,210emu/gFe	Wet chemistry and laser irradiation deposition of Au[28]	
40 Mean Size d=12.8rm			



Fig. 2 (a) Bright field TEM image of Fe-Co nanoparticles (b) Size distribution (c) Water solution of  $Fe_{0.7}Co_{0.3}/Au$  core-shell nanoparticles



Fig. 3 (a) Simulated stray field distribution of one Fe<sub>0.7</sub>Co<sub>0.3</sub> nanoparticle viewed from the top of the particle. Qualitative stray field strength is indicated by the color bar. (b)MR image of cells labeled Fe-Co nanoparticles (top) and unlabeled cells (bottom). Sample was prepared by Prof. Arkadiusz Dudek and MR image was collected by Prof. Patrick Bolan. (c) Schematic illustration of magnetic hyperthermia experimental set-up (d) Temperature rise versus time of 8mg/ml Fe<sub>0.7</sub>Co<sub>0.3</sub> nanoparticle water solution under external AC field of 6kA/m peak field strength.

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